Holy One of Life and Love,

Wrap me in a warm embrace as I prepare to receive my COVID-19 vaccine. I give thanks for the doctors and scientists who are creators like you, for the wise people who approved the vaccine, and for everyone who made sure this was available for kids.

Today I am scared. I do not like needles. In my heart, I know this vaccine is good for me. It will keep me safe and help others too. Help me feel your sukkah of shalom as the nurse works with you to keep me safe.

Right now I am grateful for the power of blessing which makes me stronger by taking my mind off any pain.

Thank you Gd for listening to our prayers.

barukh atah adonai rofeh kol amo yisrael, V'al kol b'nai adam.

blessing to you, the heart and healer of all humanity.

Amen and Thank you.

Rabbi Lisa and Zahara Gelber

10/31/2021 25 MarHeshvan 5782