



## RITUAL #5 TEFILLAT HADERECH

SUBMITTED BY AND JEN GORMAN AND EMILY BARTON

### VALUE CONCEPT

Re-envisioning Tefillat Haderekh - not using the traditional text, but creating a new text that doesn't speak of robbers and wild beasts. Instead a wish for being open to whatever experiences appear, and seeking our new future path safely and in health

To create a ritual/kavanah that can be used for sending people off (This can be used for these new firsts following COVID and beyond.

- For adult children moving back out post-COVID
- Teens going to college
- Individual/family moving from the community for a new job
- Children going to camp

### RITUAL OBJECT/ACTION

#### *Gift-giving*

- A mezuzah given to provide a Jewish foundation wherever the person(s) end up. Maybe use the name Shaddai - God as a protector/Shomer
- A copy of tefillat haderekh to carry with them, either the traditional text or this kavanah, or both.

### BLESSINGS/KAVANOT

May you find that which you seek, and may you be open to the experiences that come your way and may you learn from them, learning to embrace both joy and sadness with grace and love.

May it be your will, Hashem, our God and God of our ancestors and our mothers,  
that we (my child) journey in health,  
that our footsteps be guided safely,  
that we are supported in wellness,  
and that all reach our desired destinations for life, health, and peace.

יהי רצון מלפניך ה' אלוהינו ואלוהי אבותינו ואמהותינו  
שאנחנו (ילדתי) מטיילים בבריאות  
שצעדינו יונחו בבטחה  
שאנחנו נתמכים בבריאות  
ושכולם מגיעים ליעדים הרצויים שלנו לחיים, לבריאות ולשלום



## MEKOROT FOR DRASH

- The sugya in brachot where the elohai netzor is taken from can be useful for this.
- Prayers upon leaving the house of study
- Isaiah 46:4, Psalm 91 Brachot 29b-30a (where the traveler's prayer comes from)
- Lech-Lecha language
- Book of Ruth? Wherever you go...

