Question: If one finds hametz in his/her home on Pesach, and wants to dispose of it and burn it, is it permitted for her to touch it, or not?

Answer: It seems that it is permitted to touch it, to handle it, in order to destroy it.

And even though the Hagahot Maimoniyot wrote in the name of Rabbi Simha: the roof-area of a non-Jewish person which is connected to the roof area of a Jewish person, and the Jewish person sees on his roof a piece of hametz, he should take a stick and hit it off with the stick.

Explanation - because this is something he is not necessarily detached from, he may actually come to eat it.

This case is different, for the Jewish person here didn’t come to destroy the hametz, rather simply to get it off his property. Since he didn’t possess it, he has no obligation to destroy it. Therefore, there is concern that he’ll come to eat it. Hence, he didn’t touch it with his hands.

But here, in our case, where he finds the hametz that is in his possession and wants to dispose of it, there isn’t a concern that he’ll come to eat it. As it is taught in the first chapter of Tractate Pesahim (11a): He himself is going to grab hold of it in order to destroy it. Are we [really] worried that he’s going to eat it?!