A Prayer of Hope During this Pandemic

[by Rabbi Naomi Levy](https://nashuva.com/about/meet-rabbi-naomi-levy/)

We are frightened, God,

Worried for our loved ones,

Worried for our world.

Helpless and confused,

We turn to You

Seeking comfort, faith and hope.

Teach us God, to turn our panic into patience,

And our fear into acts of kindness and support.

Our strong must watch out for our weak,

Our young must take care of our old.

Help each one of us to do our part to halt the spread of this virus

Send strength and courage to the doctors and nurses

In the frontlines of this battle,

Fortify them with the full force of their healing powers.

Send wisdom and insight to the scientists

Working day and night across the world to discover healing treatments.

Bless their efforts, God.

Fill our leaders with the wisdom and the courage

To choose wisely and act quickly.

Help us, God, to see that we are one world,

One people

Who will rise above this pandemic together.

Send us health God,

Watch over us,

Grace us with Your love,

Bless us with Your healing light.

Hear us God,

Heal us God,

Amen.